

GAUHATI UNIVERSITY

SYLLABUS

B.P.Ed. course 2 years duration

Semester - I (Part- A : Theoretical Course)

Core Course

CC-101	History, Principles and Foundation of Physical Education	30	70	100
CC-102	Anatomy and Physiology	30	70	100
CC-103	Health Education and Environmental Studies	30	70	100

Elective Course (Any one)

EC-101	Olympic Movement	30	70	100
EC-102	Officiating and Coaching	30	70	100

Semester - II (Part - A : Theoretical Course)

Core Course

CC-201	Yoga Education	30	70	100
CC-202	Educational Technology and Methods of Teaching in Physical Education	30	70	100
CC-203	Organization and Administration	30	70	100

Elective Course (Anyone)

EC-201	Contemporary issues in Physical Education fitness and wellness	30	70	100
EC-202	Sports Nutrition and Weight Management			

Semester - III (Part - A : Theoretical Course)

Core Course

CC-301	Sports Training	30	70	100
CC-302	Computer Applications in Physical Education	30	70	100
CC-303	Sports Psychology and Sociology	30	70	100

Elective Course (Anyone)

EC-301	Sports Medicine, Physiotherapy & Rehabilitation	30	70	100
EC-302	Curriculum Design			

Semester - IV (Part - A : Theoretical Course)

Core Course

CC-401	Measurement and Evaluation in Physical Education	30	70	100
CC-402	Kinesiology and Biomechanics	30	70	100
CC-403	Research and Statistics in Physical Education	30	70	100

Elective Course (Anyone)

EC-401	Theory of Sports and Game	30	70	100
EC-402	Sports Management			

SCHEME OF EXAMINATION

SEMESTER - I

THEORY (400)

CC-101	History, Principles and Foundation of Physical Education	30	70	100
CC-102	Anatomy and Physiology	30	70	100
CC-103	Health Education and Environmental Studies	30	70	100
EC-101/102	Olympic Movement or Officiating and Coaching (Elective)	30	70	100

PRACTICAL (400)

PC-101	Track and Field (Running Events)	30	70	100
PC-102	Swimming/Gymnastics/Shooting	30	70	100
PC-103	Indigenous Sports: Kabaddi/ Malkhambh/ lezim / March past (Any of one out of these)	30	70	100
PC-104	Mass Demonstration Activities: Kho-Kho / Dumbbells / Tipri / Wands / Hoop / Umbrella (Any one out of these)	30	70	100
Total		240	560	800

SEMESTER - II

THEORY (400)

CC-201	Yoga Education	30	70	100
CC-202	Educational Technology and Methods of Teaching in Physical Education	30	70	100
CC-203	Organization and Administration	30	70	100
EC- 201/202	Contemporary issues in Physical Education, Fitness and Wellness / Sports Nutrition and Weight Management (Elective)	30	70	100

PRACTICAL (300)

PC-201	Track and Field (Jumping Events)	30	70	100
PC-202	Yoga / Aerobics / Swimming / Gymnastics (Any of the two out of these)	30	70	100
PC-203	Racket Sports : Badminton/ Table Tennis/ Squash/ Tennis (Any of the two out of these)	30	70	100

TEACHING PRACTICE (100)

TP-201	Teaching Practice (Classroom and Outdoor)	30	70	100
Total		240	560	800

SEMESTER -III

THEORY (400)

CC-301	Sports Training	30	70	100
CC-302	Computer Applications in Physical Education	30	70	100
CC-303	Sports Psychology and Sociology	30	70	100
EC- 301/302	Sports Medicine, Physiotherapy and Rehabilitation/Curriculum Design (Elective)	30	70	100

PRACTICAL (300)

PC-301	Track and Field (Throwing Events)	30	70	100
PC-302	Combative Sports : Martial Art, Karate, Judo, Fencing,			

	Boxing, Taekwondo, Wrestling (Any two out of these)	30	70	100
PC-303	Team Games : Football, Hockey, Volleyball, Cricket, Handball, Basketball, Netball (Any two of these)	30	70	100
	TEACHING PRACTICE (100)			
TP-301	Teaching Practice (Teaching Lesson Plans for Racket Sport/ Team Games/Indigenous Sports)	30	70	100
	Total	240	560	800

SEMESTER - IV

THEORY (400)

CC-401	Measurement and Evaluation in Physical Education	30	70	100
CC-402	Kinesiology and Biomechanics	30	70	100
CC-403	Research and Statistics in Physical Education	30	70	100
EC- 401/402	Theory of Sports and Games(Specifically sports and games specialization)/Sports Management (Elective)	30	70	100

PRACTICAL (200)

PC-401	Track and Field / Swimming / Gymnastics (Any of one out of these)	30	70	100
PC-402	Kabaddi/ Kho-Kho/ Football/ Volleyball/ Handball/ Cricket/ Hockey/ Softball/ Basketball/ Netball/ Badminton/ Table Tennis/ Tennis (Any of one out of these)	30	70	100

TEACHING PRACTICE (200)

TP-401	Sports Specialization: Coaching lessons Plans Track and Field/ Swimming / Gymnastics (Any of one out of these)	30	70	100
TP-402	Game specialization Coaching lessons : Kabaddi/ Kho-Kho/ Baseball/ Cricket/ Football/ Hockey / Softball/ Volleyball/ Handball/ Basketball/ Netball/ Badminton/ Table Tennis/ Squash/ Tennis (Any of one out of these)	30	70	100
	Total	240	560	800